

Jeannette Pyle

FITNESS AND WELLNESS DIRECTOR

Jeannette has been in the fitness industry for over 30 years. Jeannette taught her first group fitness class at the age of 18 and has been hooked ever since! Over the years Jeannette has had the opportunity to obtain many certifications such as TRX instructor, ACE personal trainer, 400hr yoga certification and more. Her well rounded background makes her able to pull from many knowledge bases when training.

Jeannette specializes in posture training, strength & flexibility training for sport and gait training. When training with Jeannette it will be impossible to take yourself too seriously. Jeannette's mantra is choose joy! Laughter is contagious and when training with Jeannette it will be hard to take yourself too seriously.